

ABC School

January 2020

HOT LUNCH

Price: Student - \$XXX

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Entree
 Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		No School	No School	No School
6	7	8	9	10
Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk VEG - Cheese Burrito	Teriyaki Chicken Legs w/ Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Egg Salad Sandwich	Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	BBQ Beef on Bun Baked Beans Salad, Fruit, Milk VEG - Multi-Cheese on Bun	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same
<u>ALTERNATIVE</u> Chicken Shawarma w/ Steamed Rice	<u>ALTERNATIVE</u> Chicken Strips w/ Steamed Corn & Roll	<u>ALTERNATIVE</u> Turkey Enchilada Bake	<u>ALTERNATIVE</u> Cheeseburger Baked Beans	<u>ALTERNATIVE</u> Turkey Hot Dog
13	14	15	16	17
Salisbury Steak w/ Mashed Potatoes & Biscuit Salad, Fruit, Milk VEG - Multi-Cheese Sand	Chicken Tandoori w/ Yellow Rice Salad, Veggies, Fruit, Milk VEG - Italian Cheese Hoagie	Beef Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Cheese Lasagna	Soft Shell Turkey Taco Pinto Beans Salad, Fruit, Milk VEG - Cheese Burrito	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
<u>ALTERNATIVE</u> Chicken Strips w/ Mashed Potatoes & Roll	<u>ALTERNATIVE</u> Beef Gyro & Pita w/ Cucumber Sauce	<u>ALTERNATIVE</u> BBQ Chicken on Bun	<u>ALTERNATIVE</u> Santa Fe Chicken Wrap Pinto Beans	<u>ALTERNATIVE</u> Italian Sloppy Joe
20	21	22	23	24
No School	Chicken & Cheese Nachos Pinto Beans Salad, Fruit, Milk VEG - Cheese Burrito	BBQ Beef on Bun Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Chicken Enchilada Bake Salad, Veggies, Fruit, Milk VEG - Cheese Enchilada Bake	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Same
	<u>ALTERNATIVE</u> Turkey Corn Dog Pinto Beans	<u>ALTERNATIVE</u> Cheeseburger Potato Wedges	<u>ALTERNATIVE</u> Italian Chicken Hoagie	<u>ALTERNATIVE</u> Chicken Patty Sandwich
27	28	29	30	31
Soft Shell Beef Taco Pinto Beans Salad, Veggies, Fruit, Milk VEG - Cheese Burrito	Chicken Curry w/ Steamed Rice Salad, Veggies, Fruit, Milk VEG - Egg Salad on Bun	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same	BBQ Chicken Leg w/ Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Multi-Cheese Sand	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
<u>ALTERNATIVE</u> Turkey Hot Dog Pinto Beans	<u>ALTERNATIVE</u> Swedish Meatballs w/ Steamed Rice	<u>ALTERNATIVE</u> Chicken Shawarma Wrap	<u>ALTERNATIVE</u> Chicken Strips w/ Steamed Corn & Roll	<u>ALTERNATIVE</u> Italian Sloppy Joe

SANDWICH OF THE DAY

Turkey Ham Bagel VEG - Multi-Cheese Sandwich	Southwest Chicken Wrap VEG - Egg Salad Bagel	Turkey Salami & Cheese Sand VEG - Multi-Cheese Sand	Chicken Salad Wrap VEG - Egg Salad Wrap	Turkey & Cheese on Bun VEG - Multi-Cheese on Bun
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

ALL DRF MENUS ARE PORK FREE.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ xxx-xxx-xxxx or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com